

Clinical Case Study #1

- Mr. Wilson is a 35 year old Black male, diagnosed with HIV 5 years ago. He initiated a medication regimen at the time of diagnosis, but returned to IV drug abuse 3 years ago and was lost to care. The patient denies a history sexual activity with men. He states that he acquired HIV while injecting drugs. He does not recall the name of the ART, but states he was taking at least 2 medications.
- Patient has been married for 1 year. His wife is a case manager at the substance abuse center where he “resolved his need to use drugs”, 2 years ago.
- Mr. Wilson states he has mild high blood pressure and started taking Dyazide over a year ago. He was told he had borderline diabetes. He states he has never taken medication for his diabetes. He has a family history of cardiovascular disease, diabetes and cancer. His eldest brother had both legs amputated 4 years ago at age 62 and died last year due to complications.

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- What additional history do we need?
- What lab tests should we order?
- What co-morbidities are our concerns?
- What impact would ART have on his quality of life and health?
- What health promotion, disease prevention education would you provide for Mr. Wilson?